

# Hi, I'm Dana Che!

## KEYNOTE SPEAKER & RELATIONSHIP EXPERT

"A good relationship isn't one that works; a good relationship is one where you put in the work."

I am purposefully passionate about helping people learn the art and skills of relationships done right. As a relationship coach, I help corporations, ministries, teams, and individuals tackle communication challenges, implement healthy boundaries, develop structured rhythms for emotional well-being, and overcome disappointment and fear. I hold a B.A. in communication from Regent University. I am a lifelong native of Virginia Beach, VA where I share my life with my husband of twenty-five years and our four "grownish" children.









## SPEAKING TOPICS

- Rising from the Ruins: Rebuilding TrustWhile Rebuilding Us
- Beyond Bubble Baths: Self-Care Hacks for Beating Burnout
- From Strife to Synergy: How Conflict Can Strengthen Connection
- Delayed But Not Done: Pursuing Destiny in Spite of Disappointments

Watch my speaker reel here.

AS SEEN IN













## Client Testimonials

Dana is witty, charming, and brings such light to such heavy subjects, which makes her an incredible speaker. I highly recommend her!

Candice Gordon

"Dana Che had the entire audience at the edge of their seats. I really resonated with her stories and her own vulnerability.

Adam Flores



#### REBUILDING US



Rebuilding Us helps struggling couples rebuild their lives and their love. Each episode is packed with practical and relevant wisdom from a faith-perspective. Listeners constantly comment on how "real, raw, and authentic" the show is and how it has improved their relationships. Shy away from intimate conversations? No way! Sex, heartache, etc. We talk about it all to heal from it all!



## MOST DOWNLOADED **EPISODES**

#### The Truth About Erectile Dysfunction & Masturbation

with guest Shawn Bonneteau

5 Ways to C.O.V.E.R. Your Marriage <u>in Prayer</u>

5 Boxes to Check Before You Divorce

with Dr. Kim Kimberling

**How to Express Your Feelings Without Causing Misunderstandings** 

How to Talk So Your Partner Will Listen

#### **STATISTICS**

600k+

40k+

total podcast downloads

average monthly downloads

4.9

episodes per week

podcast rating

MY AUDIENCE

73% 55%

77%

women 28-44 yrs old

USA



### WHO I WORK WITH

Relationship topics span multiple industries. I work mostly with churches, corporations, small businesses, teams, parenting groups, schools, and colleges..

#### WHAT YOU CAN EXPECT

Humor is my love language. I bring a fresh perspective to often heavy topics. Whether speaking to the masses or a small group, my aim to inspire, empower, and equip my listeners with the transformational tools they need to thrive. And I do it all with grace, a little bit of spunk, and a dash of sparkle.







#### GET IN TOUCH

I look forward to meeting you and discussing how I can serve your group with an inspiring talk that will propel them into healthier and more effective lives.

